

CME CREDIT SYSTEM



May 20, 2022



We all know **doctors, nurses**, and other **allied health professionals** require CME credits annually to renew their license to practice.

This is an ongoing requirement throughout their medical career.

Depending on their license or certification, the number of credits they'll need will differ.



Most hospitals
require their
medical professionals
to acquire a
certain number of
CME credits
to maintain privileges
to see patients.

Credentialing/Medical Staff Office

Within the United States, CME for physicians is regulated by:

The Accreditation Council for Continuing Medical Education (ACCME)



**ACCME sets and enforces standards in physician CE
and acts as the governing body for institutions
and organizations providing CME activities.**

Using a framework of equivalency, the ACCME recognizes SMS (state medical societies) as accreditors of CME providers that focus on serving learners in their own state or contiguous states.

ISMA is among 34 other states that are Recognized Accreditors.



Just a Few of the Types of Organizations That May Become Accredited

- Ambulatory procedure centers
- Diagnostic labs **that do not sell proprietary products**
- Pharmacies **that do not manufacture proprietary compounds**
- EMR companies
- Government or military agencies
- Group medical practices
- Health law firms
- Health profession membership organizations
- Hospitals or healthcare delivery systems
- Nursing homes
- Education companies
- Rehabilitation centers
- Schools of medicine or health science universities

Did you know???

**If you are directly accredited by the ACCME
or a State Medical Society - like ISMA**



**You are automatically qualified to award
*AMA PRA Category 1 Credit™***



To award any other type of credit, it must be applied for separately. For example:

American Academy of Family Physicians (AAFP)

<https://www.aafp.org/dam/AAFP/documents/cme/accreditation/cme-credit-guide.pdf>



American Osteopathic Association (AOA)

<https://osteopathic.org/wp-content/uploads/CME-guide-2019-2021.pdf>



American Academy of Physician Assistants (AAPA)

<https://www.aapa.org/cme-central/aapa-cme-accreditation>



American Association of Nurse Practitioners (AANP)

<https://www.aanp.org/education/ce-accreditation>



AAFP Offers **Prescribed** and **Elective** Credit

What's the Difference?

The AAFP Credit System reviews CME activity credit applications on a **per activity basis**, and awards either AAFP Prescribed or Elective credit.

AAFP Prescribed Credit:

The CME activity must be primarily designed for physicians and have **an AAFP Active or Life member directly involved in the planning of the activity** to ensure the relevance of the content to the specialty of family medicine.

AAFP Elective Credit:

The CME activity may be primarily designed for health care professionals other than physicians. **Direct involvement of an AAFP Active or Life member in the planning of the activity is not required.**

**Are activities that receive
AMA PRA Category 1 Credit™ or *AOA Credit*
automatically considered to have
AAFP Prescribed credit?**

These activities are **not** automatically considered to have
AAFP **Prescribed** credit.

However, activities that have *AMA PRA Category 1 Credit™*
and are AOA-approved **are** automatically accepted as AAFP
Elective credit.

The AOA assigns CME credit to four categories:

- 1-A – Osteopathic CME; live
- 1-B – Osteopathic CME; non-live
- 2-A – Allopathic CME; live
- 2-B – Allopathic CME; non-live

Category A is usually live activities.

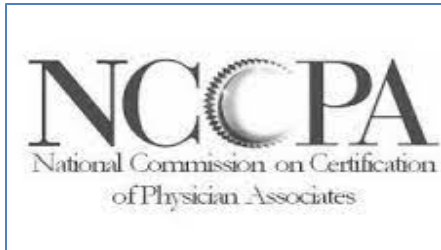
Category B is not (with a few exceptions).

Allied Health - Nurse Practitioners



- The AANPCB (American Academy of Nurse Practitioners Certification Board) and the American Association of Nurse Practitioners (AANP) **accept *AMA PRA Category 1 Credit(s)* issued from organizations accredited by ACCME or state recognized accreditor as an equivalent number of hours of participation.**
- Accredited CME providers may issue documentation of participation in an activity to non-physicians specifying the number of hours of participation.
- 1 AMA PRA Category 1 credit = 1 contact hour.

Allied Health - Physician Assistants



- The NCCPA (National Commission on Certification of Physician Associates) and AAPA (American Academy of Physician Assistants) **accept certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*™ from organizations accredited by the ACCME or a state recognized accreditor as an equivalent number of hours of participation.**
- Accredited CME providers may issue documentation of participation in an activity to non-physicians specifying the number of hours of participation.
- 1 AMA PRA Category 1 credit = 1 contact hour.

Special Notice: **Physician Assistant Title Change**

What has the Physician Assistant name changed to?

PHYSICIAN ASSOCIATE

Seeking greater understanding for and appreciation of their profession,
physician assistants are pushing to rebrand themselves
as "**physician associates.**"

On May 24, 2021, the AAPA House of Delegates passed a resolution
affirming "**physician associate**" as the official title of the PA profession
by a majority vote of 198 to 68.

Their national group formally replaced "assistant" with
"associate" in its name, transforming into the
American Academy of Physician Associates.

“PA” Title Change Implementation

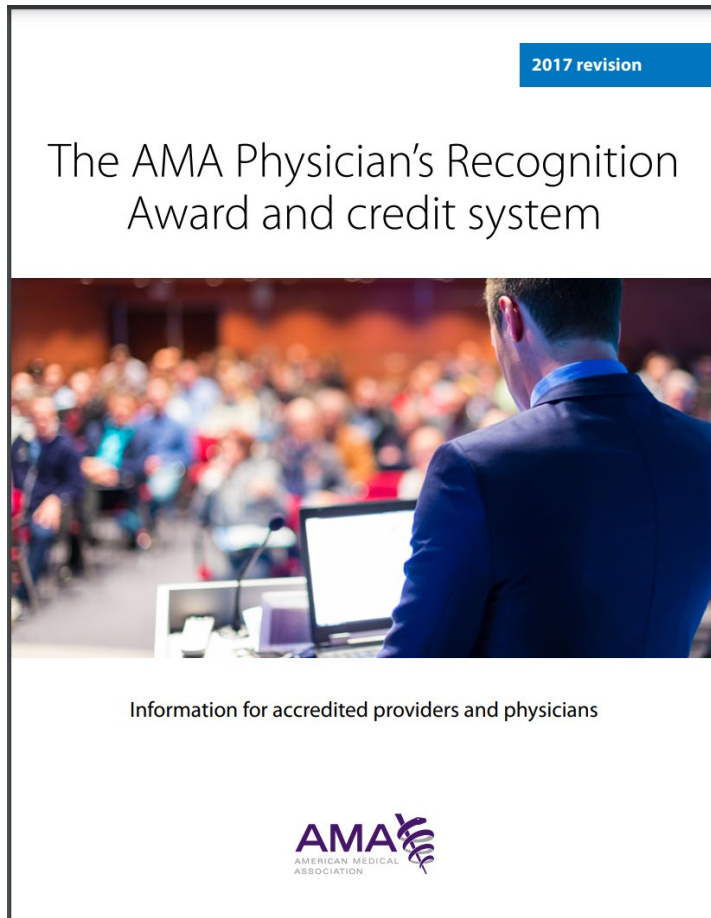


While the official title of the PA profession is now “physician associate,” and the organization representing the PA profession, AAPA, has transitioned to the American Academy of Physician Associates,

PAs should continue to use “physician assistant” or “PA” as their official legal title in a professional capacity, particularly in clinical settings and with patients.

AAPA is transitioning to the use of “physician associate” when possible and when it does not present a legal or regulatory conflict.

Offering *AMA PRA Category 1 Credit*[™]

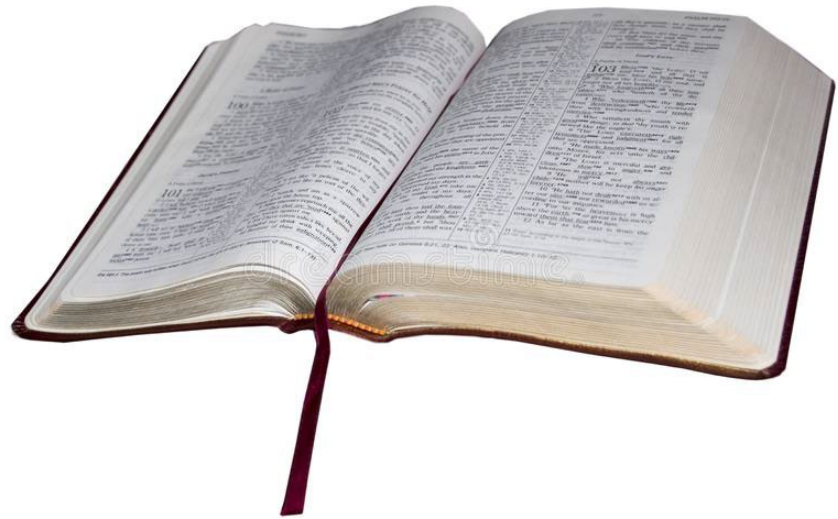


This document describes the requirements that must be followed by CME providers in order to certify activities for *AMA PRA Category 1 Credit*[™] and award credit to physicians.

Available online as a PDF for download.

<https://www.ama-assn.org/education/cme/ama-pra-credit-system>

Consider It Your Bible!



Along with:

- The Standards for Integrity and Independence in Accredited Continuing Education
- ACCME Accreditation Criteria
- ACCME Policies

AMA PRA Credit System Booklet At-a-Glance

Available Learning Formats:

- Live activities
- Enduring materials (i.e, online interactive education module, recorded presentation, podcast)
- **Journal-based CME**
- Test Item Writing
- Performance Improvement (PI) CME
- Internet Point of Care (POC) Learning
- **Other**^{*new}

Journal-Based CME and Journal Clubs

Journal-Based CME

- A certified CME activity in which an article, within a peer-reviewed, professional journal is certified for *AMA PRA Category 1 Credit™* **prior to the publication of the journal.**
- Each article is designated for one (1) *AMA PRA Category 1 Credit™*.

Journal Club

- An activity structured around the **discussion of a published journal article(s)** that does not have to be certified as journal-based CME.
- Generally, physicians will read the article(s) prior to the activity and discuss the article(s) during the journal-club meeting.
- **If the journal club meets all AMA core credit requirements, as well as live format specific requirements**, the activity may be certified for *AMA PRA Category 1 Credit™* for the discussion and learning that occurs at the live activity, not for reading the article(s).

Journal Club CME

How is credit determined for journal-based CME?

- Providers must designate individual articles certified as Journal-based CME for one (1) *AMA PRA Category 1 Credit*™. The credit for this type of activity is value-based rather than time based.

What is the minimum performance level that must be achieved in the assessment portion of journal-based CME activities?

- The AMA doesn't specify a minimum performance level; the intent is that physician participants demonstrate a mastery of the activity content by meeting the objectives.
- The accredited CME provider may determine what is appropriate for the activity and implement a mechanism to ensure credit is only awarded to physicians who achieve the minimum performance level.
- **Just completing the activity does not constitute an assessment of the learner that measures achievement of the educational purpose/objectives of the activity.**

If an accredited CME provider uses a post-test as the assessment method for journal-based CME, how many questions must be included?

- The AMA does not have a requirement for a specific number of questions. The AMA expects that the assessment will include sufficient questions to demonstrate physician participants have met the objectives of the activity.
- The number of questions will vary depending on the content and the objectives/purpose of the activity.

New “Other” Learning Format

- In 2017, the AMA **simplified and reduced learning format requirements** to provide more flexibility for accredited providers.
- CME providers now have the ability to design/deliver activities that **use blended or new approaches** to drive meaningful learning and change, as long as the provider abides by the AMA core credit requirements*.
- CME providers **may designate an activity format as “Other”** if it does not fit within one of the previously existing formats.

Core Credit Requirements

Core requirements for certifying activities for *AMA PRA Category 1 Credit™*

1. The CME activity must conform to the AMA/ACCME definition of CME.
2. The CME activity must address an educational need (knowledge, competence or performance) that underlies the professional practice gaps of that activity's learners.
3. The CME activity must present content appropriate in depth and scope for the intended physician learners.
4. When appropriate to the activity and the learners, the accredited provider should communicate the identified educational purpose and/or objectives for the activity, and provide clear instructions on how to successfully complete the activity.
5. The CME activity must utilize one or more learning methodologies appropriate to the activity's educational purpose and/or objectives.
6. The CME activity must provide an assessment of the learner that measures achievement of the educational purpose and/or objective of the activity.
7. The CME activity must be planned and implemented in accordance with the ACCME Standards for Commercial Support: Standards to Ensure Independence in CME ActivitiesSM.

Definition of CME:

CME consists of educational activities which serve to maintain, develop, or increase the knowledge, skills, and professional performance and relationships that a physician uses to provide services for patients, the public and the profession.

Provider Example of “Other” Learning Format

Planned Course: “Slit Lamp Eye Exam Workshop”

Course-work consists of:

- Pre-work via recorded video presentation (60 minutes in length)
- Hands-on training (30 minutes in length)
- Pre/post test
- Evaluation of observed procedural skill*
- Provides formative feedback to learner about procedural skill*

Because the activity is designed for engagement in a combination of learning modalities (*both live and recorded components – an example of blended learning*), this activity could be categorized as “**Other**” activity format, with credit designated for activity as a whole (90 Min).

NOTE: Key is the activity is made available to the same group of learners/ audience (no portion is made available to a different audience).

* Commendation Criteria: Optimizes Technical/Procedural Skills (C30)

Designation Statement Specific to “Other” Category

The <name of accredited provider> designates this Other activity (<provide short description>) for a maximum of <# of credits> *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

EXAMPLE:

The Indiana State Medical Association designates this **Other** activity (**blended hands-on and video course**) for a maximum of 1.5 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Standard AMA Credit Designation Statement

The <name of accredited CME provider> designates this <**learning format**> for a maximum of <# of credits> *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- The learning format listed in the AMA Credit Designation Statement must be one of the approved AMA learning formats.
- An activity must be certified for AMA PRA Category 1 Credit[™] in advance of the activity; an activity may not be retroactively approved for credit.

Don't Confuse These with the PARS Learning Formats

They are organized differently and consist of the following:

- Live Course
 - Where does the activity take place?
 - In-person
 - Live-streamed
- Regularly Scheduled Series (RSS)
- Enduring Material
- Journal CME/CE
- Learning from Teaching
- Other/Blended Learning

Use of Phrase

"AMA PRA Category 1 Credit™"

The phrase ***"AMA PRA Category 1 Credit™"*** is a trademark of the American Medical Association.

Accredited CME providers must always use the complete italicized, trademarked phrase.

The simple phrase "Category 1 Credit" cannot be used when referring to ***AMA PRA Category 1 Credit™***.

Use of the AMA Credit Designation Statement in Program Materials and Activity Announcements

Program Materials

The AMA Credit Designation Statement must be used in any program materials, in both print and electronic formats, that reference CME credit (i.e., a course syllabus, enduring material publication, landing page of an internet activity).

Activity Announcements

Activity announcements include all program materials, in both print and electronic format, that are designed to build awareness of the activity's educational content among the target physician audience.

The complete AMA Credit Designation Statement must always be used on any document that references the number of *AMA PRA Category 1 Credits™* designated for the activity.

Use of the AMA Credit Designation Statement in Program Materials and Activity Announcements

Save-the-Date Announcements

A **“Save the date”** announcement may indicate that the activity has been approved for *AMA PRA Category 1 Credit™* without stating an exact number of credits, if the accredited CME provider has already certified the activity.

This announcement may read:

“This activity has been approved for *AMA PRA Category 1 Credit™*” or similar language. Accredited CME providers may never indicate that **“*AMA PRA Category 1 Credit™* has been applied for”** or any similar wording.

Performance-in-Practice During the Reaccreditation Process

Please note ISMA surveyors do examine your Performance-in-Practice (PIP) activity files during the reaccreditation process to ensure you are utilizing the correct **Accreditation and Designation Statements.**

In addition, please ensure you are including **Disclosure Statements** in your activity announcements and program/handout materials

For Example

CME INFORMATION

Designation Statement: The Indiana State Medical Association (ISMA) designates this live webinar for a maximum of 1.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation Statement: The Indiana State Medical Association (ISMA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Disclosure Policy: In accordance with The Standards for Integrity and Independence in Accredited Continuing Education, educational programs sponsored by the ISMA must demonstrate balance, independence, objectivity and scientific rigor. Prior to the activity, all faculty, authors, editors and planning committee members participating in an ISMA-sponsored activity are required to disclose to attendees any financial relationships with an “ineligible company” whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Disclosure Statement: No members of the CME Planning Committee or our speaker have any relevant financial relationships with an ineligible company to disclose.


Recording Credit

Accredited CME providers must have a mechanism for physicians to claim credit and must award the actual number of AMA PRA Category 1 Credits™ claimed by each physician.

The records documenting the credit awarded must be retained by CME providers, for each certified activity, for a **minimum of six years** after the completion date of the activity.

You will be asked to produce an example of your mechanism during the reaccreditation process.

While Transcripts Are Required, Certificates Are Not



ISMA
INDIANA
STATE
MEDICAL
ASSOCIATION

322 Canal Walk • Indianapolis, IN 46202-3268
(317) 261-2060 • Toll free: (800) 257-4762 • www.ismanet.org

Official CME Transcript

Cheryl E. Stearley

Date	Event	Credit*
11/15/2018	Psychological Considerations in Treating Chronic Pain	1.00
04/02/2019	2019 Legal Update: Understanding the Most Recent Indiana Laws for Prescribers and How to Comply	1.00
05/24/2019	The Opioid Epidemic Podcast Series - 8 Episodes	2.00
05/20/2020	Financial Recovery with Pete the Planner	1.00
07/12/2021	Getting Started with ISMA Online	0.00
07/16/2021	HALF HOUR Buprenorphine in Opioid Use Disorder and Pain	0.50
08/13/2021	Pain Control in the Surgical Patient	1.00
10/29/2021	Treating Neonatal Abstinence Syndrome	0.50
11/02/2021	Medical Licensing Investigation and Prosecution	1.00
11/22/2021	2021 Legislative and Legal Update on Opioid Prescribing	1.00
11/22/2021	Reducing Infant Mortality in Indiana	1.00
12/09/2021	Stigma Associated with OUD Treatment	1.00
Total:		11.00

* AMA PRA Category 1 Credits™.



ISMA
INDIANA
STATE
MEDICAL
ASSOCIATION

The Indiana State Medical Association certifies that

Steven Smith, MD

has participated in the live webinar entitled
Medical Licensing Investigation and Prosecution

Location: Indianapolis • IN
Date of Attendance: October 28, 2021
Total Credits Earned: Awarded 1.0 AMA PRA Category 1 Credits™

Credit Certificates for Physicians

- Only physicians may be awarded AMA PRA Category 1 Credit™ by accredited CME providers.
- **You must be able to provide documentation to participating physicians of credit awarded upon their request.**
- When issuing certificates or transcripts, they must reflect actual number of credits claimed by physician.

The <<name of accredited CME provider>> certifies that <<name of physician>> <<degree>> has participated in the <<learning format>> titled <<title of activity>> on <<date>> and is awarded <<number of credits>> AMA PRA Category 1 Credit(s)™.

At Minimum This Documentation Must Include:

- Physician's name
- Name of accredited CME provider
- Title of activity
- Learning format
- Date(s) of live activity or date that physician completed the activity
- Number of *AMA PRA Category 1 Credits*[™] awarded

**You are not required to include
Accreditation & Designation Statements**

Credit Certificates for Non-Physicians

- Non-physician health professionals may not be awarded AMA PRA Category 1 Credit™. **However, accredited CME providers may choose to issue documentation of participation.**
- An example of wording that might be used on documentation for a non-physician participant follows:

The <<name of accredited CME provider>> certifies that <<name of non-physician participant>> has participated in the <<learning format>> titled <<title of activity>> on <<date>>. This activity was designated for <<number of credits>> *AMA PRA Category 1 Credit(s)™*.

QUESTIONS