

# PATHWAYS TO WELLNESS



**ADAM HILL, MD**

**AUTHOR AND SPEAKER**

**DR. HILL SHARES HIS PERSONAL STORY  
WHILE PROVIDING A ROAD MAP FOR  
BETTER PRACTICES**



**ANDREA LANTZ**

MSW, LCSW & Certified Respecting Choices®  
Advance Care Planning Facilitator  
and Instructor



**KRISTI CIRIGNANO**

JD, CFWC Functional Wellness  
Coach

## TOPICS INCLUDE:

- UNDERSTANDING THE SIGNS OF COMPASSION FATIGUE AND IMPLEMENTING STRATEGIES TO PROTECT YOURSELF FROM IT.
- ESSENTIALS FOR VIBRANT WELLNESS
- RECOGNIZING STRESS AND ADOPTING HEALTHY HABITS TO COMBAT AND PREVENT BURNOUT

Bally's Executive Conference Center  
421 NW Riverside Drive  
Evansville, IN 47708

8:00 AM - 12:30 PM

**JULY • 29 • 2023**

Registration begins at 7:30 AM

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