

# CHECK-IN for a CHECK-UP WITH YOUR HOOSIER DOCTOR



## Understanding Telehealth

Due to COVID-19, some people are neglecting their own health out of fear of the coronavirus. That's why more than 70% of Hoosier doctors during the public health emergency are using telehealth (or telemedicine) to treat patients and maintain social distance. Depending on your insurance coverage, here's how telehealth works.

### WHAT IT'S USED FOR

- Consultation
- Diagnosis
- Exam follow up
- Review of lab work
- Mental health check
- Pain management
- Family planning
- Routine, low-risk prenatal visits

Through a phone call or video chat, physicians can connect with patients, talk about health concerns and determine what steps should be taken if further treatment is necessary. It's safe, private and a convenient way to ensure you get the care you need, when and where you need it.



### INSURANCE

Medicare, Medicaid, and most private insurance companies cover telehealth visits. Check with your doctor to see what telehealth options are available through your insurance.

### PRESCRIPTIONS

Medications can be prescribed by your doctor via telehealth. If the prescription is for a controlled substance, it must be prescribed using a two-way, interactive video connection.

Remember – telehealth cannot help in an emergency. For immediate treatment, call 9-1-1 or go to the nearest ER. Hospitals have taken every precaution to protect patients from COVID-19, so do not avoid going to the ER out of fear of the coronavirus.

For non-urgent treatment, contact your doctor and check in for your check-up today.

## HOOSIER DOCTORS are here for you!



ISMA is a professional association of over 8,500 physicians, residents and medical students. Learn more at [HoosierDoctors.org](https://www.HoosierDoctors.org).