

Upcoming Events:

JUNE 13 – 15, 2010

AMA Alliance Annual Meeting

Chicago Marriott Downtown Hotel

Visit www.amaalliance.org for more information.

TUESDAY • JUNE 15, 2010

**INSTALLATION OF SARAH SANDERS
AS AMA ALLIANCE SECRETARY**

11:45 am

Chicago Marriott Downtown Hotel

Visit www.amaalliance.org for more information.

SATURDAY • SEPTEMBER 25, 2010

ISMA Alliance Annual Meeting

Hyatt Regency Indianapolis

Visit www.ismanet.org/alliance for more information.

SEPTEMBER 25 – 28, 2010

AMA Alliance Fall Leadership

Development Conference (LDC)

Chicago Marriott Downtown Hotel

Visit www.amaalliance.org for more information.

“In order to be irreplaceable one must always be different.”

~ Coco Chanel

This monthly newsletter keeps **Indiana State Medical Association Alliance (ISMA-A)** members up-to-date on news and events happening in your county, state and nation. Keep reading to find out more!

President’s Pen:

APRIL IS ALL ABOUT STYLE!

This month, the ISMA Alliance Board traveled, once more, to Vigo and to Vanderburgh Counties to attend their fundraisers. Each of these wonderful Alliances held a style show fundraiser in support of worthy charitable endeavors. April is, indeed, all about style!

The day began in Terre Haute with the Vigo County Medical Alliance (VCMA) Style Show on April 21. A lovely luncheon accompanied the day. We chatted with Alliance members and joined Vigo County’s vivacious President, Shefali Purohit, who has almost *tripled* their membership in less than one year! She and our Central Area Vice President Ferial Alsikafi were gracious hostesses! Spring has arrived, along with exciting new clothing designs!

We then joined Vanderburgh Medical Alliance (VMA) at their 23rd Annual Style Show in Evansville. Along with their fundraiser and auction, vibrant spring flowers were being sold by Co-Presidents Margaret Miller and Cynthia Nicholson – a double dip day! Read all about VMA’s leaders in our County Showcase this month.

Fashion acknowledged, I draw a comparison with the ‘Style’ of the Alliances across the state. We all have one common purpose: to support and promote quality health care for the citizens of Indiana. One of the many ways we accomplish this mission is through our charitable fundraising efforts. Each wonderful County Alliance brings its own special style, gifts, and talents to us, and we dedicate ourselves and these efforts to benefit our respective communities across the state.

As I travel across the state, I am impressed by your enthusiasm. I am blessed to



The VCMA Style Show - Seated from left to right: Shefali Purohit, VCMA president, and Hallie Gorup, past ISMA Alliance president. Standing left to right: ISMA Alliance President Cami Pond, RN and ISMA Alliance Central Area Vice President Ferial Alsikafi, MD.

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call you friends and am honored to serve alongside each of you talented members. Style, grace, and our unique vision empower us to do good work!

The Alliance is a unique organization that truly looks at the big picture. As medical spouses, we bring a perspective that those outside of medicine could never possess nor comprehend. That is why, from Chicago to your home town, the Alliance must continue! We set the tone of compassion for others less fortunate. Federated leadership that works as one. Counties working together to insure that Indiana legislation positively impacts healthcare as we support laws that work, while defeating those that clearly are not in the best interest of our citizens. We accomplished this when the ISMA asked the Alliance to partner to successfully defeat the Lay Midwife Bill which would have allowed 18-year-olds without a high school diploma to deliver babies in our state legally!

The ISMA-Alliance needs you! We value you and your membership dollars as...

- The Alliance is active.
- The Alliance is focused.
- The Alliance is relevant.
- Yes, April is all about style: Alliance style!

*Thank you for your membership and dedication,
Cami Pond*

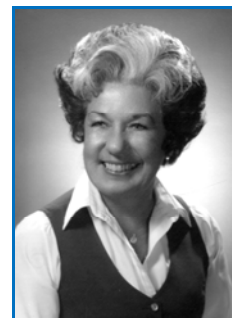
President, Indiana State Medical Association Alliance

Past State President

Marianna Irwin Passes Away

From The Indianapolis Star on April 19, 2010-05-04

Marianna Ashby Irwin 87, died on Sunday, April 18, 2010. Her parents were W. Wallace and Nellie Graybill Ashby of Ladoga, Indiana. She graduated from Indiana University where she was very involved with numerous academic clubs including Pi Beta Phi sorority and Phi Beta Kappa honorary society.



On December 26, 1943 she married Glenn W. Irwin, Jr. who was a senior in the IU School of Medicine. Survivors include her husband, Dr. Glenn Irwin, Jr, two daughters, Ann (Dr. John)Warden, Beth (Gary) Schiffl, and son William (Katrina) Irwin. Also surviving are seven grandchildren and two great grandchildren, Andrew (Joanna) Warden, their child Emily, Amy Warden, Ben Warden, Alex Irwin, Amanda Irwin, Evan (Meghan) Schiffl, their child Olivia, and Sarah Schiffl

Marianna was involved in many organizations. She served terms of president and board member of the following: Junior League of Indianapolis, Marion County Medical Society Auxiliary, Indiana State Medical Auxiliary, North Central High School PTA, Noble School, Social Health Association, and Marion County Child Guidance Clinic. A partial list of other board memberships included YWCA, Indiana Repertory Theatre, Methodist Health Foundation, American Red Cross, Indiana State Symphony Society, Chair Mayor's Advisory Council Cultural Affairs, Indianapolis Art League, Second Presbyterian Women's Association, Indiana Regional Blood Center, and Multiple Sclerosis Association.

Family was always a priority for her. During her more than 66 years of marriage to her husband, she played a very important role in his career. During his tenure

as Dean of the IU School of Medicine, she was present at the many gatherings, trips, and dinners of the school. When he served as Chancellor of IUPUI and IU Vice President (Indianapolis), she was an industrious and gracious First Lady at the busy Chancellor's residence for 13 years. When her children were young, she enjoyed planning and taking camper trips especially one to California. After her husband retired she enjoyed planning and taking her children and their families on trips to Europe. For many years she enjoyed spending time at the family's cottage at Lake Wawasee, and a month in the winter in Naples, Florida. Both places attracted the family and friends.

She had a rare neurological disease known as primary progressive aphasia. As it progressed she lost her ability to speak and cognition became impaired. She handled this distressful disease in a grand manner to the end.

The ISMA Alliance sent a white basket of pink tulip bulbs to the funeral. Ann Irwin Warden, Marianna's daughter, sent a thank-you card. She writes, "My mother enjoyed her many years in the Alliance (or Auxiliary as I remember it called while growing up). I can still remember her busy year being the Alliance President." Contributions in Marianna's memory may be sent to the IU Foundation, School of Medicine, Dean's office. The address is: IU Foundation, 950 N. Meridian Street, Indianapolis, IN 46204.

State PTSD Project Wins National Award

It is with great pleasure that we inform you that the ISMA Alliance project, **Treat the Troops: Mental Health Matters**, has been selected to receive a national Health Awareness and Promotion (HAP) award from the AMA Alliance. Cami Pond, ISMA Alliance president, will receive this award on behalf of our state alliance and make a presentation at the AMA Alliance Annual Meeting in Chicago this June.

Treat the Troops was a winner in the Community Service Category. The project was designed to raise awareness about the United States Military and its families suffering from the effects of Post Traumatic Stress Disorder (PTSD) as a result of many and multiple deployments to Iraq and Afghanistan.

Our project is unique because it has successfully joined the hands of Alliances across the state, the Indiana State

Medical Association (ISMA), the state government, the Indiana University School of Medicine, the Roudebush VA Medical Center and the military to collectively address this issue. We are unaware of any other state that has aligned these forces. Our project provides a new solution to a very timely and serious existing problem, and can, in part, be easily replicated. The Resolutions can be easily submitted, and the PTSD Screening Tool can be utilized in the care of patients nationwide.

To read more about Treat the Troops, visit www.ismanet.org/alliance/treatthetroops.html.





What is a podcast?

A podcast is an audio recording that can be downloaded from the Internet, similar to a radio show. You can listen to the recording on your computer or iPod, or burn it onto a CD and listen to it in your car.



VMA member and past ISMA Alliance president Kelda Maynard shows off geraniums for sale.



Dr. Karl Sash, Geriatrician, husband of VMA member Angie Manz-Sash

Prescription Drug Misuse Podcast Now Available Online

A podcast with Saul Levin, M.D., the Vice President of Science, Medicine and Public Health at the American Medical Association discusses what we all need to know about the medications frequently found in our homes and the dangers these prescription drugs may pose to experimental youth. In fact, "One in five teenagers start substance abuse by going into their parents' or grandparents' medicine cabinet," reports Dr. Levin. Additional information covered includes: What types of medications should we be concerned about? And what is the public health scope of the problem of medications falling in to the wrong hands?

To download this [free](http://www.amaalliance.org) podcast, visit www.amaalliance.org, and click on "Online Store."

County Showcase:

[Vanderburgh Medical Alliance and Their Leaders](#)

This month we are pleased to feature our Alliance friends from the South: the Vanderburgh Medical Alliance (VMA). This active Alliance recently held their 23rd Annual Style Show in Evansville. Each year, the VMA hosts this as their major fundraiser in support of medical scholarships and worthy medical charities within their community. Our ISMA Alliance Board enjoyed meeting many of you and participating in your wonderful event.

Our delicious luncheon menu was carefully selected by Theresa Chavez, a VMA nutritionist-member; it was not only good, but good for you as well! The son-in-law of VMA Co-President Margaret Miller (on loan from Fox News), served as the fantastically witty Master of Ceremonies. The day was filled with fun, fashion and fellowship. The Ballroom at the Evansville Airport Marriott was filled with over 300 people who watched the show as countless Spring and evening fashions (complete with all accessories) strolled down the run way. Area community leaders, including a husband or two, modeled: *Expect the Unexpected!!*

Table decorations were cleverly donned with women's shoes on loan from Carnival Shoes – a unique 'bouquet.' Along with the Style Show were many vendors displaying their wares, so lots of guests enjoyed shopping for fun fashion accessories. First prize raffle was a major shopping spree worth \$1250 at local area boutiques. A silent auction completed the day.

In addition to the festivities, a display of beautiful, colorful geraniums caught your eye – a double dip day as they also raised money from flower sales. It was a great reminder that Spring had arrived, and many Alliance members were seen leaving carrying these gorgeous plants!

It was a pleasure to attend their successful event in support of their amazing good work. Congratulations VMA members on a job well done. Please see profiles of VMA's co-presidents on the next page.

*Cami Pond
President, Indiana State Medical Association Alliance*



VMA Co-President, Cynthia Nicholson, says, "Love me, love my garden!"



VMA Co-Presidents Cynthia Nicholson (left) and Margaret Miller.

Cynthia Nicholson, Co-President

Cynthia was born in Hammond and raised on the northside of Indianapolis. She attended high school in Muncie, then went off to college in Bloomington. Cynthia spent her adult life in Indianapolis. She owned and operated a restaurant and catering business in downtown Indianapolis for many years, before marrying Dr. Ray Nicholson (her second marriage), a family physician, in 1997 and moving to Evansville.

Cynthia has a daughter, Paige, living in West Seattle, WA (Mrs. Robert A. Davis) and two grandchildren there – as well as three other grandchildren in the Midwest. Cynthia's husband, Ray "Nick," who has served at St. Mary's Medical Center for more than 50 years, also has four grandchildren. "Dr. Nick" is currently Health Officer of Vanderburgh County, Director of the Muscular Dystrophy Clinic and Director of the Alzheimer's Pathways at Good Samaritan Nursing Center.

Cynthia's interests lie mainly in church work, gardening, swimming and community work, including a six-year term as a Board Member of the Evansville Philharmonic Orchestra. She is an avid birder and served as president of the Amos W. Butler Audubon Society (Marion County).

Margaret Miller, Co-President

Margaret is a native of Ohio and a 1963 graduate of Ohio University with a B.F.A. cum laude in speech pathology and audiology. She received an M.S. in speech pathology at the Univ. of Wisconsin (Madison) in 1964. After residing in Minneapolis and Cincinnati, she has lived in Evansville since 1967. She initiated and ran a Speech Department at Welborn Baptist Hospital until the birth of her first child. She resumed part-time private therapy in 1991 and retired in 2002. Margaret has been married 43 years to Marshall, a Vanderburgh Medical Society member and retired internist. Their son, Curtis, and daughter-in-law, Heather, live in Evansville with children Lydia and Logan. Their daughter, Corinne, and son-in-law, Jordan Adams, live in Tampa with two-year old daughter Hailey. Margaret regards grandparenting as her most important activity!

Margaret has been a long-time member of VMA, where she has held many committee and board positions. She has particularly enjoyed her associates in the Medical Alliance Stock Shoppers. She is also active in Bible studies and travel and enjoys entertaining, gardening, and her classes at the gym.

Do we have your current contact information? Update it with your ISMA Alliance Membership Co-Chairs:

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These newsletters are also posted monthly at www.ismanet.org/alliance.