

This monthly newsletter keeps **Indiana State Medical Association Alliance (ISMAA)** members up-to-date on news and events happening in your county, state and nation. Keep reading to find out more! *Click on blue, underlined text to follow links throughout the newsletter.*



### President's Pen

First, I'd like to congratulate ISMA Alliance Past President Sarah Sanders on her inauguration as AMA Alliance president! We are very proud of her, and we know she'll do a great job.

I also want to invite you to our next board meeting conference call. All members are invited to participate, or you can just listen in. The call-in information is in the blue box to the right.

Lastly, I'm very excited to have the director of early childhood education at the Children's Museum of Indianapolis, Cathy Southerland, as our annual meeting guest speaker. She'll talk about the importance of supporting a child's natural curiosity through play — whether you're a parent, caregiver, volunteer or grandparent. Join us for the ISMA Alliance Annual Meeting on Saturday, September 6. Read more about the meeting on the last page of the newsletter.

*Joan Vidic, ISMA Alliance President*

Vanderburgh Medical Alliance

### IU School of Medicine Endowment Project — Completed!

In the late summer of 2013 the Vanderburgh Medical Alliance (VMA) accepted a challenge from the IU School of Medicine (IUSM)-Evansville to raise \$100,000 over five years to obtain a dollar-for-dollar match from the IU Foundation to provide scholarship monies to two Southern Indiana students attending IUSM-Evansville.



The VMA contributed \$17,000 from VMA funds to begin the project and has since completed the scholarship funding in May of 2014. With the help of Deaconess Health System, St. Mary's Medical Center, VMA members, and VMA friends making generous pledges and gifts, and two successful fundraisers, the \$100,000 goal has been met. The first scholarship award will be in 2018. They hope the two medical students awarded the scholarships each year will remain in the Evansville area to practice medicine.

### Sarah Sanders inaugurated as AMA Alliance president

ISMA Alliance Past President Sarah Sanders became the president of the AMA Alliance on Tuesday, June 10, at the AMA Alliance Annual Meeting in Chicago. In her years in the Hoosier state, Sarah served as Delaware-Blackford Alliance president in 1997-98 and was also a member of the Fort Wayne Medical Society Alliance. She worked her way up in the ISMA Alliance and became its president in 2004.



*Sarah Sanders takes the oath of office from AMA President Ardis Hoven, MD. Her husband Charles Sanders, MD, looks on.*

Read more about Sarah's journey in the family of medicine on page four of the newsletter. And check out photos and news from the 2014 AMA Alliance Annual Meeting on pages two and three.

### Upcoming Events:

#### AUGUST 6, 2014

ISMA Alliance Board Meeting  
10 a.m.-12 p.m.  
Conference call only. Call (800) 353-1667; enter 410630# at the prompt.

#### SEPTEMBER 6, 2014

ISMA Alliance Annual Meeting  
8 a.m.-12 p.m.  
The Westin Indianapolis  
See article in this newsletter for details.

#### OCTOBER 10-12, 2014

North Central States Annual Leadership Conference  
Rapid City, SD

#### OCTOBER 25, 2014

FWMS Alliance Diamond Anniversary Gala  
The Diamond Room at Ceruti's, Fort Wayne

### ISMAA Contacts:

#### Joan Vidic, President

69805 Hilltop Road, Union, MI 49130  
Phone: (574) 849-7522 • [joanvidic@aol.com](mailto:joanvidic@aol.com)

#### Elizabeth (Betty) Canavati President-elect

6630 Amber Road, Ft. Wayne, IN 46814  
Phone: (260) 672-3624 • [ejwc612@yahoo.com](mailto:ejwc612@yahoo.com)

#### Jerri Sidel

**Northern Area Vice President**  
6309 Popp Road, Ft. Wayne, IN 46845  
Phone: (260) 482-7051

#### Hallie Gorup

**Central Area Co-Vice President**  
3325 Hamilton, W. Lafayette, IN 47906  
Phone: (765) 463-3757 • [hjgorup@aol.com](mailto:hjgorup@aol.com)

#### Joann Orman

**Central Area Co-Vice President**  
7601 Nantucket Woods Ct.  
Terre Haute, IN 47802  
Phone: (812) 299-3261 • [j7orman@aol.com](mailto:j7orman@aol.com)

#### Jahanara Tapal

**Southern Area Vice President**  
3022 Hickory View Drive  
Newburgh, IN 47630  
Phone: (812) 858-0519  
[mjtapal@sbcglobal.net](mailto:mjtapal@sbcglobal.net)

#### Jaime Dinn, Secretary

5575 Mackinaw, Kokomo, IN 46902  
Phone: (317) 402-6500 • [jswarne@yahoo.com](mailto:jswarne@yahoo.com)

#### Marty Vibul, Treasurer

2245 E. Boonville-New Harmony Rd.  
Evansville, IN 47725  
Phone: (812) 867-3130  
[modmarty@hotmail.com](mailto:modmarty@hotmail.com)



## 2014 Annual Meeting



## Reception honoring Sarah Sanders



The ISMA Alliance and Ohio State Medical Alliance held a tailgate-themed reception at the 2014 AMA Alliance Annual Meeting to honor Sarah Sanders.

Guests were invited to wear gear representing their favorite sports teams. Dr. John Knotte of West Lafayette surprised Sarah with an appearance by Purdue Pete, and everyone had fun posing with him.

Gift bag goodies included a zip ID case from Vera Bradley, Ohio Buckeyes candy and Garrett Chicago Mix Popcorn.

Everyone enjoyed the evening!



## 2014 Annual Meeting

This year's annual meeting and leadership sessions offered something for every member of the family of medicine! Here are some highlights:



- **Indiana's Cami Pond was installed as an AMA Alliance director for 2014-2015.**
- **A variety of educational sessions left attendees with skills and knowledge that can be applied to their personal and professional lives:**

- Think Like a Leader: Live Like a Leader
- Organizational Management Boot Camp: Top Tips for Expediting Meetings, What Goes in Your Minutes, Boards That Get Stuff Done, Board Accountability and All Things Financial
- Leveraging Social Media for Results
- The Resilient Physician Family: New Challenges and New Solutions with Dr. Wayne, Mary and Julia Sotile
- Financial Smarts: From Medical School to Retirement

- **2014 Health Awareness Promotion (HAP) Awards were presented:**

### **Community Service Category**

- State Alliance First Place - "Reaching the Finish Line with Dignity" from the Mississippi State Medical Association Alliance
- County Alliance First Place - "Weekly Wellness Walk" from the Alachua County Medical Society Alliance, FL
- Honorable mentions - "Bodies, Bellies, & Brains: A Child's Health Fair" from the Gaston County, Medical Society Alliance, NC and "Watch Your Wellness: Awards for School Campus to Promote Wellness" from the Fort Bend Medical Society Alliance, TX

### **Fundraising Category**

- County Alliance First Place - "AWCMS Physicians' Spouses' Rummage Sale" from the Alliance with the Washoe County Medical Society, NV

### **SAVE (Stop America's Violence Everywhere) Category**

- State Alliance First Place - "Shelter Showers" from the Ohio State Medical Association Alliance
- County Alliance First Place - "SAVE in the Next Generation" from the Washington-Unicoi-Johnson County Medical Alliance, TN
- Honorable Mention - "Human Trafficking Awareness Symposium" from the Genesee County Medical Society Alliance, MI



### ***A note from Sarah Sanders:***

Ladies,

Thank you! I was totally surprised! I just received the stunning flowers you sent and have attached a picture. The party was amazing! You created a wonderful memory for my presidency year. More importantly, I cherish your love and support. That is something I have carried with me and will continue to do so. Hugs back at you. Please share my thanks with the ISMA Alliance membership. See you in September!

*Sarah A. Sanders, Pharm.D.  
AMA Alliance President*

# AMA Alliance: We are Family - Are you **In?**



**By Sarah Sanders**  
AMA Alliance President-Elect

It came in the mail. "You are **invited...**" Thus began my journey as an AMA Alliance, then AMA Auxiliary, member. It was 1987. Charles and I had returned to his hometown of Muncie, Indiana with a 3 year old in tow to begin his practice as a Rheumatologist in a multi-specialty group. I was now a stay at home mom, having stepped away from my full time job as an Assistant Professor of Clinical Pharmacy with Butler University. The President-elect, Donna Dersch, of the Delaware-Blackford County Medical Society Auxiliary was hosting a coffee for all the new spouses in the county to welcome us and tell us about the Auxiliary. I met several ladies, some new to the community like me, and others that were in leadership of the organization. I joined that day, at all three levels. I have always been a joiner and love to volunteer and help others. Plus, most importantly, this provided me a community, a group of individuals who understood what came with being married to a physician. The next year I was asked by Donna to chair something new, the "Moms with Young Children" group.

We moved to the Wilmington, DE area for just a year and then back to Muncie. My community was waiting for me with open arms and, soon, a new committee to chair;

AMA-ERF. I embraced Sharing Cards and fundraising for medical school education. My community grew, too, because now I was, due to bylaw changes, a member of the Indiana Medical Association Auxiliary Board of Directors. I attended board meetings in Indianapolis. Then State President Trudy Urgena was so welcoming. Muriel Osborne, a past State President from Muncie, taught me about Legislative Advocacy. As I volunteered more in my county and slowly pursued a Masters degree in gerontology, I was also asked to serve on the state board first to co-chair the outreach to medical student and resident spouses and eventually to chair the Bylaws Committee. Serving on the state board introduced me to the AMA Alliance. Yes, the name change had happened. Curious about the House of Delegates, but unable to be a delegate or financed by the state, I took advantage of the fact I was a Chicago native with parents wanting to see their granddaughters. I stayed with my parents, rode the subway and sat in the balcony of the Drake, watching President Sharon Scott and all the activity below.

Finally, my state mentors acknowledged they needed to let me "go home" so I could become president of my county alliance. Of course, I am still a part of the state board, just a different hat. But now this hat attends "Confluence." And my community grows again because I am meeting county, state and national leaders from across the country. After serving as Delaware-Blackford Alliance President in 1997-98, I am elected to the ISMA Alliance Board of Directors as a VP. I go to Chicago as a delegate. My state mentors, in particular Past Presidents Fran Foster and Laurel Weddle, have plans.

But Charles and I have plans as well. In 2000 we are off to Delaware again. This time I look for a local and state alliance. Sadly there isn't one, but I have my AMA Alliance membership and my Indiana Alliance community. They keep me connected, which is good because we find ourselves back home in Indiana in 2002 this time

in Fort Wayne. Fran Foster calls. "You are **invited...**" I am embraced by a different county alliance, the Fort Wayne Medical Society Alliance. And, yes, put to work.

Soon, I am invited to lunch with Fran and another past state president, Judy Van Curren. To make a long story short, I become the 2004-05 President of the ISMA Alliance. I attend what is now "Leadership Development Conference." I attend North Central States Conferences. I get the call in February 2006 from then AMA Alliance President-elect Nita Maddox to serve on the AMA Alliance Membership Committee. I run and am elected to the 2006-07 Nominating Committee. Thus began my AMA Alliance leadership journey with AMA Alliance Past President Di Fenyk nudging me all along the way.

I have been very fortunate to wear many hats of leadership for the AMA Alliance. Those hats, particularly the one serving as a Director, helped when I found myself moving to Illinois in 2010 and Ohio in 2011. Those states were assigned to me in 2009-10, so I was embraced by those state alliances. I was still in my community.

I am excited to begin this next step as the 2014-15 President. I have been mentored by some of the best leaders in the world, most recently AMA Alliance President Jo Terry. I have a slated board composed of dedicated leaders ready to serve. We will be looking to fulfill the third year of our strategic plan, building on the framework established under Pat Hyer's leadership and on the several initiatives begun under Jo Terry's watch. My theme for the year is "AMA Alliance, We are Family, Are you **In?**" We will enhance our digital footprint providing more resources on our website, connect our worlds even more through social media. We will grow in our support of our community, the family of medicine, from the training years through retirement and beyond. I ask you, our membership, to be engaged on this journey with us. And I ask you to reach out to someone and say "You are **invited...**"

# Join us for networking and learning!

Grow, connect and make a difference at the ISMA Alliance Annual Meeting.

## Saturday, September 6 • The Westin Indianapolis

### Business Meeting — 8 - 9:45 a.m. • Shula's Steakhouse (inside Westin)

- Breakfast is dutch-treat. Shula's breakfast buffet is \$15.95/person, or you may order off the made-for-you menu.
- Agenda includes election of officers and nominating committee members and voting on the 2014-2015 budget

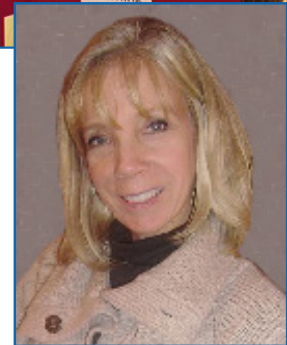
No fee for remainder of ISMA Alliance program.

### Networking — 10 a.m. • Westin, Caucus Room

- Network with other medical spouses and partners.
- Get to know what the Alliance is all about or just learn what's new: support of medical families, health education outreach throughout the state and raising money for medical scholarships.
- Refreshments will be served.
- Complimentary babysitting available.

### Guest Speaker — 10:30 a.m. • Westin, Caucus Room

- **Cathy Southerland**, Director of Early Childhood Education, Children's Museum of Indianapolis
- **Ready, Set, Play (and Learn!)** It may look like play . . . but it is the important work of young children! Through hands-on and engaging environments, research shows that children retain information longer if they experience and learn together with a significant adult in their life. Hear from Ms. Southerland about the importance of supporting a child's natural curiosity through play — whether you're a parent, caregiver, volunteer or grandparent — to help optimize his/her learning.



### Installation of Officers, Presentation of Awards/Grants

#### 11:30 a.m. • Westin, Caucus Room

- Presentation of awards and grants
- Installation of 2014-2015 officers and president
- New president's address by Betty Canavati of Fort Wayne

**RSVP your attendance at the business meeting and/or networking/guest speaker event by August 27 to Jill Bruce at [jbruce@ismanet.org](mailto:jbruce@ismanet.org) or (800) 257-4762.**

These additional events are happening at the ISMA Convention. Separate registrations and fees apply. Visit [www.ismanet.org](http://www.ismanet.org) or call (800) 257-4762 to sign up.

**IMPAC Luncheon**  
2:30 p.m. • Westin

**Presidents' Night Reception and Dinner**

6:30 p.m. • Westin  
Honoring incoming ISMA and ISMA Alliance presidents



INDIANA STATE  
**MEDICAL**  
**ASSOCIATION**  
**ALLIANCE, INC.**

*Dedicated to the health of Indiana*